

FREE EVENT

Complimentary blood pressure screenings and health information. Light dinner and parking provided.



4th Annual Community Forum on Healthy Aging

Mind & Body Health

Monday, June 10, 2019

4 to 8:30 p.m.

Asthma & Allergy Center

Johns Hopkins Bayview campus

5501 Hopkins Bayview Circle, Baltimore, MD 21224

Keynote Presentations:

Depression and Addiction in Aging

Denis Antoine II, M.D., *Motivated Behaviors Unit, Johns Hopkins Hospital*

Steps to Achieve a Healthy Lifestyle

Kimberly Gudzone, M.D., MPH, *Welch Center for Prevention, Epidemiology and Clinical Research*

The Man Cave: Men's Health Class

Metabolic Disorders

Panagis Galiatsatos, M.D., *Division of Pulmonary Medicine, Johns Hopkins Bayview Medical Center*

Cardiovascular Health

Mark Keleman, M.D., *Johns Hopkins Heart & Vascular Institute*

Addiction & Mental Health

Panagis Galiatsatos, M.D., *Division of Pulmonary Medicine, Johns Hopkins Bayview Medical Center*

Erectile Dysfunction

Christian Pavlovich, M.D., *Department of Urology, Johns Hopkins Bayview Medical Center*

The Sister Circle: Women's Health Class

Menopause & Pelvic Floor Dysfunction

Danielle Patterson, M.D., *Johns Hopkins Women's Center for Pelvic Health*

Cognitive Decline in Aging

Sevil Yasar, M.D., *Johns Hopkins Memory & Alzheimer's Treatment Center*

Falls & Frailty

Michele Bellantoni, M.D., *Division of Geriatric Medicine and Gerontology, Johns Hopkins Bayview Medical Center*

Cardiovascular Health

Pamela Ouyang, M.D., *Johns Hopkins Women's Cardiovascular Health Center*

Take Charge of Your Health (exercise demonstration and mindfulness moment)

James Long, *Founder and CEO, Gospel Aerobics and More*

Jennifer Ayana Harrison, *Founder and CEO, Ayana Wellness Spa and Educational Center*

To register, visit communityhealthforum2019.eventbrite.com.

For more information, call 410-361-7893.

The Community Health Forum is sponsored by Johns Hopkins Medicine and the Johns Hopkins Institute for Clinical and Translational Research.





Directions to Johns Hopkins Asthma & Allergy Center

From Eastern Avenue

- Turn onto Bayview Boulevard (From downtown, make a left onto Bayview Boulevard; from I-95, make a right)
- At second right, turn onto Hopkins Bayview Circle.
- Park in the Mid-Campus Lot, across the street from the Asthma & Allergy Center.

From Lombard Street

- Turn onto Bayview Boulevard.
- At second left, turn onto Hopkins Bayview Circle.
- The Mid-Campus Lot will be on your left.

You will receive a parking coupon at the event.