

## FY26 ICTR Research Nutrition Cost Estimate

\*Please note that these prices took effect July 1, 2025 and are subject to change every fiscal year up to 10%. Additionally, the cost estimate is subject to change with protocol changes. Only services rendered will be charged. This estimate was prepared by \*\*\* .

PI:	
Protocol #:	
Name of Study:	
IO Number:	
Study Summary:	
Study Duration:	
Funding Source:	
Expected State Date:	

Service	Service Details	QTY	FY26 Price
Start-up Costs	Tier 1 (Basic)		\$363.83
	Tier 2 (up to 5 hours)		\$1,102.50
	Tier 3 (up to 10 hours)		\$1,874.25
	Tier 4 (up to 15 hours)		\$2,646.00
	Tier 5 (up to 20 hours)		\$3,638.25
Monthly charges	Inventory Management fee (monthly)*		\$192.94
Delivery Fee	Delivery fee for meals		\$71.66
Site Visit	Monitor fees (per site visit) * over 4 hours will be charged RD time*		\$330.75
Close-out Costs	All Studies will have a close out one-time fee (any dietary analysis fees will be charged X 2)		\$716.63
General Protocol Services			
	Protocol Development with RD team per hour		\$181.91
	Protocol Management (RD hourly rate)		\$93.71
	Consultation (per hour)		\$176.40
	Training (per hour)		\$220.50
	Supplies (will charge an additional 20% procurement fee)		\$1.00
	Miscellaneous		\$1.00
Food Service			
Standard Meals	Standard Breakfast (Cold)		\$22.05
	Standard Lunch (Cold)		\$27.56
	Standard Dinner (Cold)		\$33.08
	Standard Breakfast (Hot)		\$33.08
	Standard Lunch (Hot)		\$38.59

	Standard Dinner (Hot)		\$44.10
	Snacks		\$16.54
CF or Standard Specialty Meals	Breakfast (Cold)		\$38.59
	Lunch (Cold)		\$44.10
	Dinner (Cold)		\$49.61
	Breakfast (Hot)		\$44.10
	Lunch (Hot)		\$49.61
	Dinner (Hot)		\$55.13
	Snack		\$27.56
Specialized Meals*	Standard (Menus available)		\$60.50
	Calculated - weighed		\$90.75
	Calculated - weighed out and back		\$121.00
	Individualized - recalculate per pt		\$128.26
Food Array*	Labor (supplies will be charged separately)		\$423.50
Weighed Meals*	JHH meal plus weighing out and back		\$54.45
Food Challenges*			
	Food Challenge Tier 1 - up to 0.5 RD, 0.5 NT		\$69.30
	Food Challenge Tier 2 - 0.5 RD, 1 hr NT		\$145.53
	Food Challenge Tier 3 - 1 hr RD, 1 hr NT		\$242.55
	Food Challenge Tier 4 - 1 hr RD, 1.5 NT		\$272.58
	Food Challenge Tier 5 - up to 1.5 hr RD and 2 hour NT		\$363.83
Nutrition Assessment			
	Nutrition Assessment Tier 1		\$99.23
	Nutrition Assessment Tier 2		\$192.94
	Nutrition Assessment Tier 3		\$242.55
	Nutrition Assessment Tier 4		\$303.19
	Indirect Calorimetry/metabolic cart		\$424.46
Dietary Assessment			
	Food Record Instruction		\$44.10
	Diet History (based on RD hourly rate)		\$93.71
	24 hour recall - (M-F, 8am-4pm) 3 attempts included in charge		\$110.25
	Dietary Supplement Assessment Module (DSAM)		\$5.51
	Weekend and after hours recalls (1.5X recall rate)		\$165.38
	New Foods Resolution - for nutrient analysis program		\$5.51
	Food Records (3 days)		\$104.74
	Diet Screeners (based on RD hourly rate)		\$93.71
	FFQ (based on RD hourly rate)		\$93.71
	Nutrient Analysis (based on RD hourly rate)		\$93.71
	Nutrition Education/Counseling (based on RD hourly rate)		\$93.71

Body Composition (this will cover the equipment calibration, replacement and upkeep)			
	Bioelectrical Impedance - equipment, electrodes, calibration, batteries, time with patient, analysis		\$66.15
2 measurements	Anthropometric Measurements Tier 1 (no data management)		\$55.13
3-4 measurements	Anthropometric Measurements Tier 2		\$121.28
5-6 measurements	Anthropometric Measurements Tier 3 (likely with data management, equip QA/management)		\$181.91
7-8 measurements	Anthropometric Measurements Tier 4		\$242.55
>8 measurements	Anthropometric Measurements Tier 5		\$363.83
	6 Minute Walk (for healthy volunteers)		\$34.26
	Grip Strength		\$58.49
	Dexa Additional		\$68.23
	Dexa Standard		\$136.49
	Dexa Whole Body		\$136.49
	Dexa Whole Body & Standard		\$204.69
	Dexa Whole Body & Standard & additional		\$245.68
Staff time			
	Nutrition Technician Time/labor (hourly)		\$55.13
	Registered Dietitian Time/labor (hourly)		\$93.71
Notes			
*Food costs not included and will be billed separately as supplies.			
	<b>Total Study Costs</b>		

**Additional Notes:**

Standard meals 10 + per month will be charged an inventory management fee.